



Your Best Life

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APRIL 2018

From Denial to Trial Larry Vernon's Story



Attorneys Chris Coyne and John Griffith with friend Larry Vernon.

Nothing worth having comes easy. Just ask our client, turned friend, Larry. While many start to kick back and take it easy at age 70, Larry continues to enjoy working at Pleasant View Floor Covering. Not only does Larry run the company, but he also provides the labor installing tile, carpet, vinyl, hardwood--- you name it! Four years ago, Larry was hit by a commercial truck

requiring him to have neck surgery. While many fear that a claim will head to trial, Larry trusted us to work just as hard fighting for him as he works for his trusting customers each day. We appreciate Larry taking the time from his work to speak with us.

Here is his story....

I didn't want to go to court but there was no other choice but to go to court because they [insurance company] didn't want to pay anything.

My experience with John at trial was very impressive. I REALLY didn't want to go to trial and I didn't want my wife to have to go to trial because of problems she was having. He really let me know that he cared about me instead of about money and other things. He wanted to win for me. I mean he just did a real good job and the jury, you know, had faith in him and had faith in what I was telling him so it was very impressive the way he handled everything.

My experience with GriffithLaw overall was fantastic. It was great. I never had any problems with them. If my family or anybody I know was injured in an accident I would definitely recommended GriffithLaw to them and I've already recommended a couple of people to them already. I will highly recommend them to anyone.

I'm Happy!"

This is why we do what we do. We are so glad Larry is happy and back to the work he loves! When the need arises, make sure to look him up at **Pleasant View Floor Covering** in Mt. Juliet and call **615-746-6348**.

"Right before the crash I was on my way to work when I got broadsided by a dump truck. After the wreck I had to go through several months of pain and agony and surgery and my wife had to go through a lot of stuff. The insurance company treated me like a dog like they didn't even know who I was, didn't pay a penny on my doctor bills the whole period.



Free Online Courses from Princeton

and other free resources to further your learning!

It seems like everyday a new technology is released, whether it be an update on your phone, a new gadget to make daily chores less burdensome, or an updated remote that has more features than you need or know what to do with.

While many find it stressful to keep up with the ever-changing world around us, several studies have shown that adult learning increases mental well-being and actually lowers stress. Here are a few resources to help you continue learning and improving not only for yourself, but for those around you.

“ANYONE WHO STOPS LEARNING IS OLD, WHETHER AT TWENTY OR EIGHTY. ANYONE WHO KEEPS LEARNING STAYS YOUNG. THE GREATEST THING IN LIFE IS TO KEEP YOUR MIND YOUNG.”

—HENRY FORD

coursera

Coursera. is a service that offers college classes and certifications online from institutions as prestigious as Princeton and Harvard, for the low cost of free!

Take courses ranging from International Business to a child psychology. The information can be obtained from the comfort of your couch, and scheduled to your own pace! What do you have to lose?



Libby. All of us are familiar with the library, in fact Nashville's Public Library was chosen as Library Journal's "Library of the Year" in 2017 so it definitely warrants a visit. However, with chaotic schedules it can be difficult to find the time to fight the traffic for a good read, this is where the Libby App comes in! Libby allows you to read books on your phone or tablet, or even better, listen to audio books during your commute or workout--for free.



Duolingo. "I'm going to learn Spanish!" I've declared I would learn a foreign language at least three times and have yet to get past the polite introductions. This is where Duolingo comes in. It is a free app for your phone or tablet that makes mastery of language a game. With over 15 languages to choose from, you alternate between speaking and typing so you learn not only the spelling, but the proper dialect!



Elevate. Train your Brain! Elevate creates a plan just for you, keeping track of your growth and providing additional opportunities for practice in the areas of Writing,

Memorization, Speed Reading, Reading Comprehension, Measurement, and many others. Awarded Apple's "App of the Year" there is thorough research to back-up Elevate's claims. Training four times a week boosts performance in key areas by 69%.

WE ❤️ OUR CLIENTS -- WE WANT YOUR REVIEWS!!

I was injured in a car accident where the other driver was at fault but had state minimum insurance. After being treated for over a year my medical bills were very high, and I did not anticipate being able to recover any additional money once my bills and lawyer fees had been paid. However, John got my medical bills reduced to a small fraction of the original amount, recovered the maximum amount possible from both my policy and the plaintiff's, and I ended up with a very significant amount of money in the end! They are very honest, hardworking, well-organized, professional, and have your best interest in mind.

--Kristen from Nashville

Client and Friend

BEWARE

of what you put on Social Media after a Car Wreck!

Insurance companies love to find ways to NOT pay you. The first thing the insurance lawyers will do in "Discovery" is ask for your Facebook login information. If you don't provide it, they may seek a Court Order to get this information—even if you have always had your privacy settings as private as possible. They want to question your online habits, personal messages and who you are sending them to, and what is being discussed that may be even remotely relevant to your case.

5 Ways to Protect Yourself on Social Media:

1. Don't share things about your wreck or your pain.

Even casual photos with you sitting on the beach and simply smiling will be used against you as a snapshot that all is great in your world. Even if you are in pain and exhausted, this photo will be used by insurance companies to allege you are a fraud.

2. Restrict your Privacy settings to Friends ONLY.

Even with the highest privacy settings on social media, you are still susceptible to data mining, as some sites obtain data via your friends, and friends of friends.

3. Know what you are tagged in.

You need to monitor not only your posts, but posts from friends, and friends of friends. If you are uncomfortable with the photo or post your tagged in, you need to remove it, as it will likely be used in the future.

4. Don't friend anyone you do not know!

This is a common tactic that insurance companies use to sneak into your circle of friends and act as a "Trojan Horse" to get complete access to your posts.

5. Think before you post.

Be careful what you are saying. If you use social media to get things off your chest, you may find it used against you, particularly if you are disparaging to a group or class of people.

Staff Spotlight

JOSHUA CANTRELL



Serving in the United States Army and Army National Guard as a paralegal prior to joining GriffithLaw, Joshua brings an eye for detail and understanding of urgency making him valued champion for our clients.

What gets you out of bed in the morning?

I am really motivated by my future family. I am trying to work hard now, to put myself in a position to support and be there for my kids when the time comes.

What is your favorite weekend activity?

Hiking with my dog Red and watching UT Football.

Who inspires you?

My parents. They are the hardest working people I know. They dreamed big but worked for everything they have. Nothing was handed to them.

Do you have a motto or mantra?

"Do good, be kind."

What is your favorite local restaurant?

Frothy Monkey. I frequent that place to study. They have a great menu as well.

Do you have a favorite quote?

"We are what we believe we are." – C.S. Lewis

What sparked your interest to work in the legal field?

As a kid, I experienced certain family members of mine in need of legal help, but was let down. I've made it my goal to put myself in a position to not let that happen to other people.

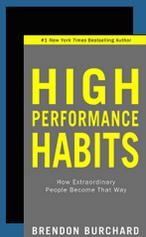
April Advisory

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EXPLORE



by:
Brendon Burchard



The Daily
Podcast



Dirty Money
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Cheekwood in Bloom
through April 15th

Inside

APRIL 2018

From Denial to Trial

Page 1

Free Princeton Courses

Page 2

Your Turn

Page 2

Beware of Social Media

Page 3

April Advisory

Page 3

Staff Spotlight

Page 3

Congrats!

GriffithLaw Giveaway Winners

Glad you enjoyed rocking out to the Eagles!

Referral Raves

We would like to thank the following people for trusting us with friends and family. A special shout of thanks to:

Lance Simpkins

Annelise Werme

Judi Winfree

Keith Solomon

Todd Jackson



Photo by Winner: Kevin H. who took his wife Leslie for a great date night!

Photo submitted by Elizabeth C. who gifted the tickets to her parents to celebrate her Dad's birthday!

