



YOUR BEST LIFE

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SEP
2021

Waverly Strong

My heart is heavy as I write this. My hometown of Waverly has faced pure devastation in the recent flood August 21st. This flood came on the town suddenly with no warning. Much of the town has been totally destroyed. Homes and all possessions lost. Lives lost. Many children drowned. It is gut wrenching to absorb as the search goes on. Currently 15 people have been confirmed dead with over 30 "missing" and likely to never be found. The community has come together and helped their brothers and sisters without regard to race, creed or politics. Sometimes it takes a tragedy to bring people together and help one another out. I think Waverly was already doing that very well as a community before this flood, but perhaps even better since.

These people have lost it all, and most do not have flood insurance. What does a family do when they have lost their home and everything they own? Where do they go? Some are having to leave town and start over, with nothing.

Please send your prayers and donations to help the people of Waverly who have lost everything. You can contribute online at:

<https://www.wkrn.com/flood-relief-ways-you-can-help-middle-tennessee-flooding-victims/>



CLIENT TESTIMONIAL

Dionne and Joseph Snow



<https://www.griffithinjurylaw.com/testimonials/personal-injury-client.cfm>

On November 20th, 2015, Dionne Snow (mother to Brylee Snow) received a call from My Daddy's Daycare at 3:33 pm that Brylee had her finger stuck in a toy and emergency crews were called. She was loaded in an ambulance. They gave her pain meds and anti nausea meds. They arrived to the hospital at about 4:30 pm. The EMT and other responders indicated that she stuck her finger in a hole on the airplane teeter totter that was supposed to have a bolt. Another child got on the toy, causing it to shift and severally cutting her finger...

SEPTEMBER'S RAVING FAN OF THE MONTH

“Great place to go when you really need an exceptional attorney. The staff at Griffith Law are some of the most well prepared and qualified attorneys I have ever had the pleasure of meeting and helping me through my difficult process. I would recommend them 10 times out of 10 to anyone who needs help. Thank you Griffith Law for everything, I am beyond pleased with the outcome of my case.”

Eric Carter, Franklin, TN



Let Us Share Your Story!!

Email Livia@griffithinjurylaw.com to be featured in the next newsletter

LONG-TERM EFFECTS OF FRONTAL LOBE BRAIN INJURIES

Brain injuries aren't like broken bones or torn ligaments. Their effects can last months or years, or they may never fully heal—and they can cause personality changes that place a strain on victims and their families. If someone you know has experienced a traumatic brain injury to the frontal lobe, you should know that this type of injury may mean a long and difficult recovery.

Frontal Lobe Injuries May Cause Permanent Life Changes

Each of the different parts (or lobes) of the brain controls different functions of your body. The frontal lobe is responsible for processing language, numbers, emotion, coordination, and behavior. As a result, an injury to the front of the head can cause a wide variety of disruptions, preventing the victim from returning to the life they had before the accident.

Frontal lobe injuries have been known to cause problems with:

- **Concentration.** A victim may be unable to focus during long activities, wander away during long conversations, or show other attention deficits.
- **Memory loss.** Short-term memory is housed in the frontal lobe, so it may be hard for a victim to remember newly acquired information (such as the events of a recent gathering).
- **Communication.** The frontal lobe helps people interpret language, and victims may have difficulty understanding what is being said or finding the right words to respond.
- **Sequencing.** Organization and planning may be affected, causing an inability to make plans or complete multi-step activities or tasks in the correct order (such as taking a shower or cooking a meal).
- **Personality changes.** Victims may suffer mood swings, sudden anger or isolation, or persist in following one behavior or way of thinking.
- **Social behaviors.** The inability to express emotions, loss of empathy, and lack of spontaneous facial expression can make social interactions more difficult. Victims may become impatient or intolerant of others, become excessively talkative, or make inappropriate comments or physical responses.
- **Motivation.** Victims may stop initiating activities or interactions they used to enjoy or withdraw from seeking out rewards, pleasure, or happiness.
- **Depression.** Many victims experience sleep disorders (insomnia or lethargy), a sudden inability to sit still, and emotional disturbances along with the physical effects of their injuries.
- **Voluntary movements.** Victims may have coordination or balance problems that make it difficult to control their bodily movements.



A frontal lobe injury will likely result in ongoing medical treatment to help the victim minimize or cope with the effects. Headaches or seizures may require frequent MRIs or scans to monitor brain activity and pressure inside the skull. A neuropsychologist may perform personality and mental processing evaluations to determine which skills require relearning. Throughout all this, the patient may need physical and psychological therapists to come to terms with their injury.

PUMPKIN BREAD

Instructions

1. In a large mixing bowl, mix eggs and pumpkin puree until smooth.
2. Add cake mix and pumpkin pie spice and mix until smooth.
3. Pour mix into a greased and floured loaf pan.
4. Bake at 350 for about 55 minutes or until an inserted toothpick comes out clean.
5. Allow bread to cool to room temperature.
6. While bread is cooling, mix the maple syrup and powdered sugar together in a bowl until smooth.
7. Drizzle the glaze on top of the bread.
8. ENJOY!

Ingredients

- 2 eggs
- 1 (15oz) can pumpkin puree
- 1 box spice cake mix
- 1 tsp pumpkin pie spice

Maple Glaze

- 1/4 cup maple syrup
- 1 cup powdered sugar

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We Want Your Review!

We love hearing from our clients &
want your referrals and reviews!

To Share Your Story
email:
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