



# Your Best Life

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OCTOBER 2018

## Trick Or Treat... Halloween Memories

all is finally here. A slight chill is in the evening air. Leaves are starting to change. Halloween is just around the corner! Here are a few of the GriffithLaw team's favorite memories! See if you can guess who these trick-or-treaters are!

What is you favorite Halloween memory?

Chris: My son got scared by someone's costume while they were handing out candy, dropped his candy bucket on their front porch, and ran away. Kirby: I remember dressing up as a Power Ranger 5 years in a row! I

thought that was the coolest thing!

Joshua: Waiting until my sister fell asleep the night after Halloween and stealing her candy.

Sydney: Staying up late to "help" my mom make my costumes. Kristin: My grandmother making all my costumes and me, my brother and cousins all participating in a Halloween fashion show at her work.

Zac: Pre-school karate demonstration at the Halloween party dressed as a Wolverine

#### What was the best costume you ever had?

John: Pirate Chris: Pee Wee Herman

Kirby: Ninja Turtle

Joshua: I lost a bet one year and had to wear an Oscar Mayer hot dog costume all day at work. Sydney: "I Dream of Jeannie"...I loved TV Land as a kid. Kristin: Minnie Mouse

Zac: Zoro

What is your favorite candy? John: Twix Chris: Candy Corn Sydney: Junior Mints Kristin: Swedish Fish Kirby: Reeses Cups Joshua: I am a Milky Way man. Zac: Bunch-a-Crunch





## Staff Spotlight ZAC SMITH

Hailing from the Knoxville, TN, Zac Smith joined GriffithLaw at Case Manager this Spring! Zac is a graduate of Middle Tennessee State with a degree in Economics. He just graduated from Belmont School of Law this Spring with his Juris Doctorate and we are blessed to have him as a part of our team!

What gets you out of bed in the morning?

REALLY strong coffee.



What would people be surprised to know about you?

I've been drumming since I was 9!

What are you currently reading, or what would you recommend?

Pretty much anything written by Steven Rinella

What is your favorite movie? Forrest Gump

What song could you listen to on repeat?

"Use Me" by Bill Withers....or pretty much any Curtis Mayfield song

What sparked your interest to work in the legal field?

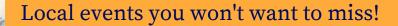
A really great Business Law Professor at MTSU.

#### What is your favorite food?

I will take a cheeseburger over a steak any day of the week.



## **Halloween Fun!**



**Cheekwood Harvest!** September 22 - October 21 Pick your own pumpkin to take home for carving, enjoy the views of 5,000 chrysanthemums in the gardens, and view the 11-foot Pumping House!

#### Boo at the Zoo October 12 - 28 (select dates)

Trick-or-Treat around the Zoo, go through the Zoo's backroads on an oldfashioned hayride, or attend the animal and magic shows!

Phantom of the Opera at the SchermerhornOctober 30View the 1925 classic accompanied with live organ played by PeterKrasinski. Prizes, photo booth, and costume contest!

## Murder Mystery Dinner at Maggiano'sOctober 30Enjoy a Halloween 3-course meal at Maggiano's Little Italy. Be a

detective, suspect, and try to solve the murder mystery -- Halloween Edition!

# YOUR TURN:

### Chris's Story

In May 2017 I was involved in an accident which required an ER visit and extensive physical therapy and chiropractic work that I could not afford on my own. A friend referred me to Mr. Griffith's practice thankfully. Kirby and Chris were very helpful in working with me. All my medical bills were covered thanks to their work. I cannot recommend Griffith Law highly enough! \_\_\_\_ Chris Thanks for the kind words Chris!



-- Chris Terrynelson Nashville, TN



#### 1. Costume Design

Optimize your child's costume for safety! Make sure dresses and capes are not too long to prevent tripping and falling in crowded areas!

#### 2. Plan Your Route

Kids can start out energized and bouncing of the walls to dragging feet and asking to be carried within minutes! Make sure to plan your route and know cross-streets so you can navigate through neighborhoods safely.

#### 3. Light the Way

In addition to bringing a flashlight, make sure your child's costume is lit up in some form or fashion. Try including reflective tape or glow sticks and part of the costume to make sure your child is seen!

#### 4. Hydrate

"I'm thirstyy!!!" This phrase and notion can ruin the best of experiences. Plan ahead and bring water for the trick-or-treating trek!

#### 5. Bring Candy With You

Inspecting your child's candy is important, but in the spirit of Halloween you don't want to deprive them either... Bring a few of your own pieces of candy so they can indulge a bit until you have time to inspect.

Trick-or-Treat Throwback Answers!	
A. Josh Cantrell	D. Kirby White
B. Kristin Muza	E. Zac Smith
C. Sydney Raines	L. Zac Smith



Fun Fact: Chris's daughter Tess is wearing the costume Chris's mom made on his first Halloween!

John's youngest daughters, Ella and Zoe celebrating a magical Halloween! Crescent Mummy Dogs

## Spooky Snacks



#### Ingredients:

- 1 medium red apple
- 1 tsp. lemon juice
- 1/4 cup chunky peanut butter
- 2 TBSP cream cheese
- 1/8 tsp. ground cinnamon
- miniature marshmallows

#### **Directions:**

1. Cut apple into wedges; toss with lemon juice.

2. In a small bowl, mix peanut butter, cream cheese and cinnamon until blended. Spread mixture onto one side of half of the apple slices; top each

with a second slice, pressing to form lips. 3. Apply marshmallows for teeth.



# ide of half of the hips.

#### Ingredients:

- 1 can (8 oz) refrigerated crescent
  - rolls 10 hot dogs
  - 4 Cups vegetable oil
- Ketchup and Mustard

#### **Directions:**

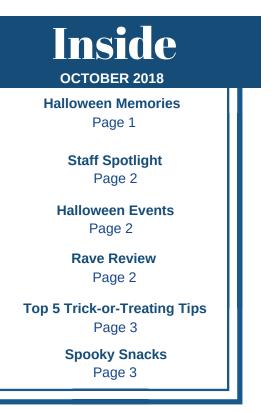
- 1. Unroll dough; separate into 4 rectangles. Press perforations to seal.
- Cut each rectangle lengthwise into 10 pieces, making 40 strips total.
  Wrap 4 pieces of dough around eat hot dog to look like "bandages," stretching dough slightly to completely cover hot dog. About 1/2 inch from one end of each hot dog, separate "bandages" so hot dog shows through for "face."
- 4. In 2-quart heavy saucepan, heat oil over medium heat to 350. Fry mummy dogs in hot oil, 2 at a time, 1 1/2 minutes, turning occasionally or until dough is completely cooked through and deep golden brown. Drain on paper towels.

5. Use ketchup to make "blood" on mummy dogs.

GRIFFITHLAW PROTECTING YOUR FAMILY



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WE VOUR CLIENTS! WE WANT YOUR REVIEWS!

### **Congratulations!**

Case manager Zac Smith passed the Bar and was sworn in this month. He is officially an attorney!

Glad to have another lawyer on the team Zac!



## **Share Your Story**

We love hearing from our clients and want your referrals and reviews.

To be featured in an upcoming newsletter, please email Sydney@GriffithInjuryLaw.com

Thank you for trusting us with your friends and families' lives!