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JUNE 2018

We're Growing!

GriffithLaw 2 year Anniversary

As we approach our 2nd year as a firm this June, it is apparent change is all around us. Since starting GriffithLaw in 2016, our staff has doubled in size, our families have grown, and we've developed even more cherished relationships with clients turned friends.

One of the richest blessings we've received over the last two years is friendship with you. We cannot thank you enough for trusting us with the most important thing in this world...your family.

Recently we were fortunate enough have one of our dear friends, Artis Williams, stop by from California. Artis had reached out to us to let us know he would be in the Nashville area for his daughter's graduation and would love to catch up. At the end of our visit together we thanked him for taking time out of his trip to come and see us and he said, "Anytime I'm in Nashville, this is a home for me."

That was one of the greatest compliments we could have ever received. Oftentimes people associate change with lack of control and growth with lack of sincerity. As we all know change is inevitable, growth is optional. We have chosen as a firm to grow for the betterment of our clients and friends.

“Change is inevitable,
growth is optional.”

This growth will not be limited to the size of our staff or office, but the depth of our relationships with each person we work with and our knowledge and understanding of the law to best serve you. Thank you for trusting our family to protect yours.





Staff Spotlight

SYDNEY RAINES

Hailing from the birthplace of country music Bristol, Tennessee, Sydney made Nashville her home after graduating from Belmont. Joining the team this February, Sydney is also a student at Nashville School of Law. She is most likely the first voice you hear, directing the firm's calls as well as marketing efforts.

What gets you out of bed in the morning?

The opportunity to create a better future for myself and others. I feel like I've been given a second chance at life, and each day I wake up remembering it's up to me to make the day count.

What is your favorite weekend activity?

Playing golf with my boyfriend and spending time with family, especially my sweet baby nephew!

Do you have a favorite quote?

Whatever you do, work at it with all your heart, as working for the Lord, not for man. Colossians 3:23

Who inspires you?

My parents. They both worked beyond difficult circumstances to be where they are today. They taught me it is never too late to change the course of your life and pursue your ambitions.

Do you have a motto or mantra?

Everyone has 24 hours in a day.

What is your favorite local restaurant?

Judge Beans -- can't beat the BBQ Nachos!

What sparked your interest to work in the legal field?

When I was 23 I was in a wreck and ended up having back surgery. I didn't have the best lawyer, and now see how badly I was taken advantage of. That experience ignited my passion to further my knowledge and understanding of the law, so that I may be a champion for others in vulnerable times.

Father's Day Fun!

Ideas to help you celebrate Dad!

Nashville Sounds Game!

Take Dad out to the ballgame! Grab a hot dog at the Band Box with a Coke and reminisce while watching the Nashville Sounds!

Lane Motor Museum

Is your Dad a car aficionado? Would he like to be? Check out Lane Motor Museum in Nashville where he can see 150 European and unique collector cars.

The Fab Four Tribute Show

For the Beatles fan, check out the Emmy-Award winning Fab Four band covering all of the hits at City Winery on Father's Day!

Rooftop Hawaiian BBQ

If your dad likes to dress up for a nice meal out, check out SKYE in downtown Nashville for the Father's Day Hawaiian BBQ event. It will be an amazing meal and superb view!

Mark the calendar...

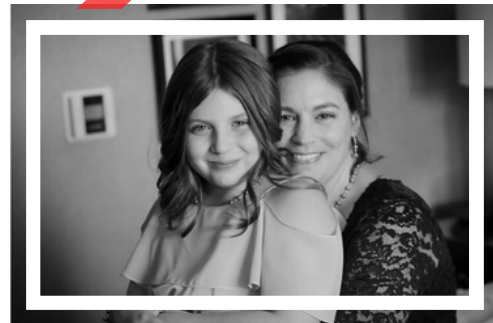
**June
17th!**

YOUR TURN: Heather's Story

After my young daughter suffered a traumatic dog bite injury resulting in an

exhausting recovery, the last thing I wanted to worry about was the legal process. I was in a desperate situation and John was the perfect advocate for my daughter. I was advised wisely and with my daughter's best interests as the top priority. I can't thank John and his team enough for guiding me through with such comfort and confidence. I trust GriffithLaw completely to take care of me any family, always.

-- Heather McKanna
Mt. Juliet, TN



Summer Safety



Be safe while trying to beat the heat this summer! Especially with little ones!
Plan ahead and be vigilant!

Drain entrapment.

Drain covers and suction outlets have caused a variety of injuries to swimmers in the past, **especially to children**. Victims may get their arms, legs, hair, or swimsuits caught in an improperly covered drain, causing entrapment that leads to drowning.

Faulty gates or fences.

Drownings often occur when a child enters a pool area without supervision. Owners have a duty to install proper fencing around the entire pool area, and all gates should have secure latches to discourage unauthorized access. Fences that are too short or have too much space between pickets may not be effective in keeping children out, making the owner liable for injuries.

Overcrowding.

Too many swimmers in one pool can make it difficult for lifeguards to identify drowning victims and can hinder rescue attempts. All pools should have a strict limit on how many bathers can occupy the pool at one time.

Poorly lit pools.

Pools must be adequately lit, both in the water and in the surrounding swimming areas. Lack of pool lighting can cause dive injuries, hinder rescue attempts, and make it impossible for lifeguards to see a drowning victim until it is too late.

Inadequate depth markers.

Peeling or faded depth markers on the sides and bottom of the pool allow swimmers to float into a deeper end of the pool without realizing it. Depth markers and demarcation lines should be repainted regularly and the shallow end of the pool should be sectioned off with a float rope to warn swimmers of changes in depth.

Design or building violations.

Dangerously designed pools may have blind areas, rock faces, or waterfalls that create an unnecessarily perilous area for swimmers. In addition, pool areas must be constructed in compliance with all applicable building codes and operate under valid pool permits.

Lemon Curried Vegetable Kabobs

This is a great recipe to add some extra flavor to this season's garden vegetables! The aroma and taste are sure to be a hit with your grill masters!

Serves 4-6

To prepare marinade, heat oil and saute all dry Curry Marinade ingredients for 3 to 4 minutes on medium-low heat. remove from heat and stir in the lemon juice, tomato paste, yogurt and sour cream.

Stir the vegetables into the cooled curry mixture and marinate refrigerated, for 4 hours. Arrange the vegetables on skewers. Bring to room temperature before cooking.

Grill the kabobs over medium-high heat for a total of 10 to 12 minutes, turning every 2 minutes. Serve hot or at room temperature.

Kabob Vegetables

1 red pepper, seeded
2 zucchini,
2 yellow squash,
16 mushrooms, cleaned
8 small onions, peeled

Curry Marinade

3 TBSP corn oil
1 onion, peeled, minced
2 cloves garlic, minced
1/2 tsp minced fresh ginger
1/2 tsp salt
1/2 tsp turmeric
1/2 tsp chili powder
1/2 tsp ground cumin
1/4 tsp freshly ground black pepper
1/4 tsp dry mustard
Juice of 1 lemon
1 TBSP tomato paste
6 TBSP plain yogurt
2 TBSP sour cream

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WE ❤️ OUR CLIENTS! WE WANT YOUR REVIEWS!

Share Your Story

Congratulations!

Case manager Kirby White obtained his Doctorate of Juris Prudence from Nashville School of Law last month!

We couldn't be prouder!
Thankful to have Kirby on the team!



We love hearing from our clients and want your referrals and reviews.

To be featured in an upcoming newsletter, please email Sydney@GriffithInjuryLaw.com

Thank you for trusting us with your friends and families' lives!